



# DON BOSCO COLLEGE

Athiyaman Bypass Road, Sogathur Post, Dharmapuri 636 809

Phone : 9443604446, 9443604447

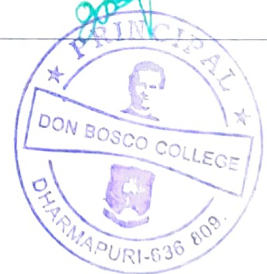
E-mail : dbc155@live.in Website : www.dbcdharmapuri.edu.in



## PRO FORMA FOR PROGRAMMES

ACADEMIC YEAR- 2019 -2020

DEPARTMENT NAME	TAMIL
DATE	24/01/2019
VENUE / PLATFORM	Other College Participation
EVENT (WORKSHOP/ SEMINAR/CONFERENCE/SYMPOSIUM)	Tamil SEMINAR
TOPIC	“தமிழ் இலக்கியங்களில் சமூகப்பார்வை”
Students Name	மு.முத்துசுவாமி.
NO OF PARTICIPANTS / BENEFICIARIES	10
<b>BREIF REPORT :</b>  <b>Bring out the creative personality of the students All the departmental teachers recited poetry.</b>  மாணவர்களின் படைப்பாற்றலுக்குரிய ஆளுமையை வெளிக்கொணரும் நோக்கில் நடைபெற்ற இக்கவியரங்கத்தில், மாணவர்கள் அனைவரும் கலந்து கொண்டனர்.	





# தொன் போஸ்கோ கல்லூரி

அத்யமான் புறவழிச் சாலை, சோகத்தூர் அஞ்சல், தருமபுரி 636 809

தொலைபேசி : 9443604446, 9443604447

மின்னஞ்சல் : [dbc155@live.in](mailto:dbc155@live.in) இணையதளம் : [www.dbcdharmapuri.edu.in](http://www.dbcdharmapuri.edu.in)



புள்ளங்கலைத் தமிழ் இரண்டாமாண்டு மாணவர்கள்

தேசிய கருத்தரங்கில் பங்கேற்ற விவரம்

(காமதேனு கலை அறிவியல் கல்லூரி)

தருமபுரி

2019 – 2020

2019/2020  
28/03/2020





# தொன் போஸ்கோ கல்லூரி

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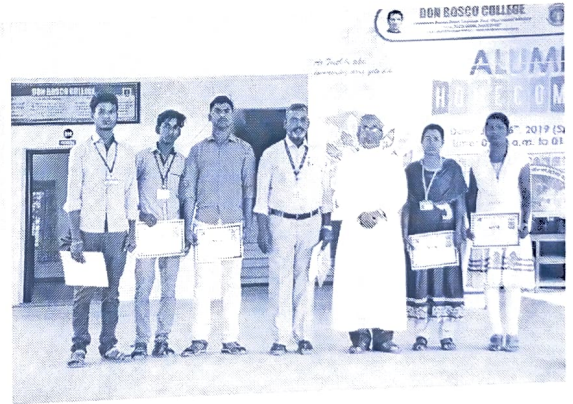
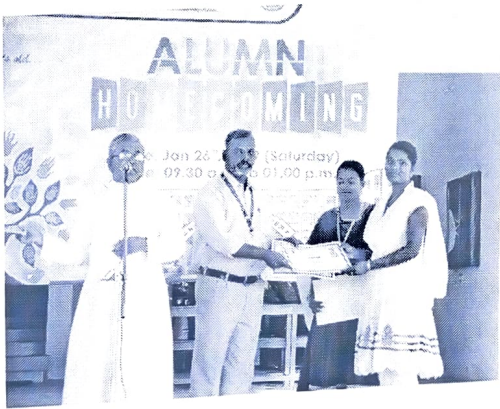
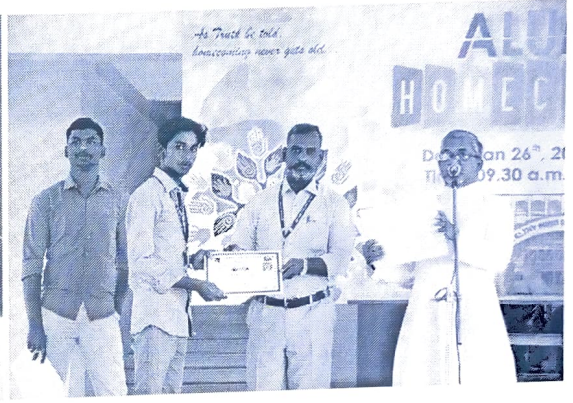
மின்னஞ்சல் : dbc155@live.in இணையதளம் : www.dbcdharmapuri.edu.in



## மாநில கருத்தரங்கில் கலந்துகொண்டு சான்றிதழ் பெற்ற இளங்கலைத் தமிழ் முதலாமாண்டு மாணவர்கள்

இடம் : காமதேனு கல்லூரி

நாள் : 24-01-2019



முதல்வர்



(பெரியார் பல்கலைக்கழகக் இணைவு பெற்றது)

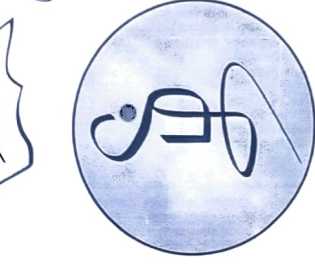
**தருமபுரி - 636705.**

தமிழ்த்துறை நடத்தும்

**“தமிழ் இலக்கியங்களில் சமூகப் பார்வை”**

மாநில அளவிலான கருத்தரங்கம்

**சான்றிதழ்**



காமதேனு கலை மற்றும் அறிவியல் கல்லூரி தமிழ்த்துறையில்

**“தமிழ் இலக்கியங்களில் சமூகப் பார்வை”**

என்னும் பொருண்மையில் 24.01.2019 வியாழன் அன்று நடைபெற்ற மாநில அளவிலான கருத்தரங்கில்

திரு. திருமதி. முனைவர் \_\_\_\_\_

மு. சசிசுமார்

அவர்கள்

வதானி ஓபால்க்கா கவிஷார்

பேராளராக / பார்வையாளராகக் கலந்து கொண்டு \_\_\_\_\_

என்னும்

தலைப்பில் ஆய்வுக்கட்டுரை வழங்கிச் சிறப்பித்தார் என்று சான்றளிக்கப்படுகிறது.

23/1/19

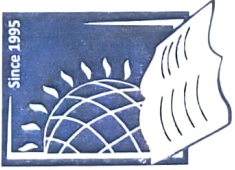
திரு. தி.சண்முகம்  
கருத்தரங்க ஒருங்கிணைப்பாளர்

முனைவர் அ.கண்ணன்  
முதல்வர்

முனைவர் அரக பரமேசுவரன்  
சிறப்பு அழைப்பாளர்

முனைவர் வெ. சுவாமிநாதராயன்  
சிறப்பு அழைப்பாளர்





**காமதேனு கலை மற்றும் அறிவியல் கல்லூரி**

(பெரியார் பல்கலைக்கழகக் இணைவு பெற்றது)

**தருமபுரி - 636705.**

தமிழ்த்துறை நடத்தும்

**“தமிழ் இலக்கியங்களில் சமூகப் பார்வை”**

மாநில அளவிலான கருத்தரங்கம்



காமதேனு கலை மற்றும் அறிவியல் கல்லூரி தமிழ்த்துறையில்

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திரு. திருமதி. முனைவர் வி. சீரராஜன்

அவர்கள்

வதானி டயாலிசா கல்லூர்

பேராளாக / பார்வையாளராக கலந்து கொண்டு

என்னும்

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திரு. சனமுகம்  
கருத்தரங்க ஒருங்கிணைப்பாளர்

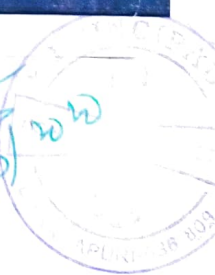
திரு. வி. சீரவிந்த்  
செயலர்

முனைவர் அ. கண்ணன்  
முதல்வர்

முனைவர் அரக பரமேசுவரன்  
சிறப்பு அழைப்பாளர்

முனைவர் வெ. குகையாள்  
சிறப்பு அழைப்பாளர்

23/05/2020



**PG DEPARTMENT OF SOCIAL WORK  
DON BOSCO COLLEGE  
ATHIYAMAN BYPASS ROAD,  
SOGATHUR POST, DHARMAPURI**

**REPORT ON  
CATHARSIS 2K19 -A National Level Cultural  
Meet for Budding Social Workers**



**27.09.2019 – 28.09.2019**

**BISHOP HEBER COLLEGE,  
TIRUCHIRAPALLI.**

  
**HOD**

Head of the Department  
P.G. Department of Social Work  
Don Bosco College, Dharmapuri-636 809.

  
**MENTOR**



### Registration

Rs. 200/- per student

### Accommodation

Accommodation at reasonable cost would be arranged on request

### Contacts for Accommodation

Staff Co-ordinator  
**Dr. T. Giftson**  
Contact Number : 99940 12397  
Student Co-ordinator  
**J. John David Lawrence**  
Contact Number : 88708 12860

### General Rules

- Bring your ID Card
- Should not reveal identity
- Abusive/ 'un-parliamentary words to be avoided
- No fireworks
- Lot system to be followed. No change in order
- Only one team/ entry per college
- Materials to be brought by you
- Time slot to be strictly followed
- Usage of Cell phones inside the campus is strictly prohibited

For more details, contact....

**Dr. GABRIEL M.** (Convener)  
Contact Number - 90039 76773

**Dr. SAM DEVA ASIR. R. M.** (Co-Convener)

Contact Number - 94431 26574

### Student Conveners:

**S. MUNI RAJA :** 72002 08397  
**R. KEERTHI MERLIN :** 86088 56854  
hebercatharsis2019@gmail.com

### OUR COLLEGE

Bishop Heber College is a religious minority educational institution established in 1966 by the Tiruchirappalli- Tanjavur Diocese of Church of South India. Its main objective is to cater to the higher educational needs of its members and other Christians and specially to provide them an educational atmosphere in keeping the Christians ideas of the church.

The College however, admits students of all faiths and religions and seeks to provide for them the best possible higher education. The College offers sixteen undergraduate, nineteen Post Graduate, one Integrated Post graduate, four post graduate Diploma, five Diploma and nine Certificate Programmes of study besides research programmes leading to M.Phil and Ph.D. The College has established a great reputation for its high academic standards and attracts students from all over India and abroad. The University Grant Commission, New Delhi and Bharathidasan University, Trichy granted Autonomy to our College during 2004-2005.

The College was accredited with 5 stars by the NAAC on 2001 and was reaccredited at the 'A' level on 2007. Also our College has been recognized by the UGC as "College with Potential for Excellence" on 2011. In the 3<sup>rd</sup> Re-accreditation by NAAC, our College has been accredited with 'A' Grade with a CGPA of 3.58/4 on March 2015. And the College has been awarded "Star College Status" by DBT in the year 2016. The College with the spirit of goodwill ambassador has cut across boundaries to propagate its educational trend; the College has signed a number of MoUs with various universities, colleges, institutions and other agencies of international repute. These MoUs bear eloquent testimony to the high standard and quality of education offered in the College.

### OUR DEPARTMENT

Established in 1982, the Department of Social Work of Bishop Heber College were the pioneers in Tamilnadu and has always been in forefront to make the learning experience for the students a truly experiential module. Besides offering a full time two year Master's programme leading to research degrees of M.Phil and Ph.D affiliated to Bharathidasan University, Tiruchirappalli. The focus of the programme is to foster in the students a sense of social commitment by providing them professional training and thereby enabling them to address the needs of the marginalized sections of the society. The course curriculum is so designed that it facilitates the overall personality development of the students and moulds them to take up the challenges and career opportunities of this demanding and dynamic profession. The scope of social Work practice is remarkably wide.

Social Work continues to be one of the fastest growing contemporary professions today. Social Workers can be found anywhere and everywhere, where there are people who need the help of a professional to alleviate personal or social problems.

### INDIAN GOSPEL LEAGUE (IGL)

IGL is an indigenous, Bible-centered ministry born and operated in the heart of India. Millions across South Asia still need to hear the Good News about Jesus, and millions more need practical blessings like education, medical care, and economic opportunity. All of IGL's ministries are built to be self-sustaining.

All of IGL's programmes and projects are geared towards a socio economic development and upliftment of the rural population of India. Skill training, youth and women empowerment, advocacy programmes for child rights are few of the organization's ongoing initiatives. IGL's holistic approach to socio economic development includes rural community health programmes such as mother and child care, antenatal and postnatal care immunizations and palliative care. All of the organization's rural and programmes align with the UN's sustainable development goals.

### CATHARSIS 2K19

Catharsis 2k19, is an exclusive assortment of cultural extravaganza which truly sense the pulse of jubilation, rhythm of celebration of the budding social work students to enlighten and excel. It also provides them an enormous platform to exhibit their resplendent fair, vision and dexterity. Catharsis also names at celebrating every surprise that social life brings before us in its each and every turn and inspires us at living it to be the fullest, just like kaleidoscope which is an instrument that shows some beautiful patterns of colours every time it is rotated. Adorned with the legacy of 13 years of consecutive launch, this year is embellished with new-frangled transformations. It will feature spellbinding college students bubbling with reverberating talents and skills, sprinkled with glamour of social reality show and jubilation of music ranging from classical to nerve wracking rock band seeking closure with the sublime of spellbinding closing ceremony.



**CATHARSIS**  
ENLIGHTEN & EXCEL 2K19

**A National Level Cultural Meet for  
the Budding Social Workers**

**September 27 & 28, 2019**  
**Friday and Saturday**

organized by

**PG & RESEARCH DEPARTMENT OF SOCIALWORK**  
Bishop Heber College (Autonomous)  
Nationally Reaccredited with "A" grade by NAAC with a CGPA of 3.58 / 4  
Recognized by UGC as "College of Excellence"  
Tiruchirappalli - 620 017

in collaboration with

**INDIA GOSPEL LEAGUE**  
Touching lives, transforming communities

Salem, India



### On-Stage Events

#### Free Association (Masala Chat)

- Individual Event
- 2 Minutes per participant
- It is an oratorical skill event
- The participant is expected to speak for and against the given topic in critical, comical and creative ways
- Only in English
- Mimicry is not allowed
- Topic will be given on the spot

#### Insight ( Documentary)

- Maximum of 6 members per team
- Maximum of 5 minutes per team
- Must be in English
- Theme: Zero Defect, Zero Effect

#### Music Therapy (Group Song)

- Maximum of 8 members per team
- Maximum of 5 minutes per team
- Only Folk and Indian classical Instruments can be used
- Participants should bring their own musical instruments
- Recorded music is not allowed
- Theme: Economic Crisis

#### Conscientization (Street Play)

- Maximum of 8 members per team
- Maximum of 6 minutes per team
- Theme : New Education Policy

#### Social Exchange (Mime)

- Maximum of 8 members per team
- Maximum of 5 minutes per team
- Recorded instrumental music can be used as background music
- Properties and displays should not be used
- Theme : Media Addiction

#### Psycho - Drama ( Dumb Charades)

- 3 members per team
- Topics will be given on the spot

#### Dance Therapy (Folk Dance)

- Maximum of 8 members per team
- Maximum of 5 minutes per team
- No film songs
- Theme : One India

#### Displacement (Puppetry)

- Maximum of 4 members per team
- Maximum of 5 minutes per team
- Participating teams have to bring their own requirements
- Theme : Trifling Policy

#### Social Quotient (Quiz)

- 3 members per team
- Preliminary written test will be held off stage
- Only short listed teams will appear for The Finals on-stage

#### Eclectia (Variety)

- Maximum of 8 members per team
- Maximum of 5 minutes per team
- A combination of socially relevant themes are allowed

#### Stream Discourse (Staff Event)

- 1 Staff Member per Institution

### Off - Stage Events

#### Sublimation (Poster Presentation)

- Individual event
- Posters must be in minimum of 12" x 15" (30cm x 38cm)
- Theme : Life Below Water

#### Rationalization (Poetry Writing)

- Individual event
- Must be in English
- Theme will be given on the spot

#### Gestalt (Cartoon Sketching)

- Individual event
- Chart will be provided
- Bring HB Pencil for drawing and shading
- Colour pencils or paints are not allowed
- Theme will be given on the spot

#### Brain Storming ( Essay Writing)

- Individual Event
- Must be in English
- Theme will be given on the spot

#### Thematic Assessment (Photography)

- Individual Event
- Participants should bring their own camera

- Theme will be given on the spot

#### Ventilation ( Short story Writing)

- Individual Event
- Must be in English
- Theme will be given on the spot

#### Persona ( Face Painting)

- Two members per team
- Medium of painting should be face painting colours or poster colours
- Only specified additional materials like false eyelashes, glitter and gems can be used
- Theme will be given on the spot

#### Mobilization ( Collage)

- Two members per team
- Chart will be provided
- Colour papers are not allowed
- Usage of scissors /blades are not allowed
- Can use gum and papers (newspapers, journals and magazines)
- Theme will be given on the spot.

#### Dissociation (Unmask)

- Individual event
- Participants will be allotted 2 minutes to prepare the act and time limit is 1-3 minutes to perform their act, altogether a maximum of 5 minutes is allotted per lot.
- Obscenity and offensive gestures are strictly not allowed.
- Theme will be given on the spot


### Catharsis 2k18 Overview

**Overall Winners** - Cauvery College for Women, Truchirappalli & Central University of Tamilnadu, Thiruvarur

**Runner Up 1:** Patrician College, Chennai  
**Runner Up 2:** Lady Doak College, Madurai

**Mr. Catharsis :** Mr. Sridhar,  
Dr.Ambedkar Government Arts College, Chennai  
**Ms. Catharsis :** Ms. Vasantha,  
Cauvery College for Women, Trichy

### Cash Prizes



Winner ₹ 10,000	Runner up 1 ₹ 5000	Runner up 2 ₹ 3000
Get prepared to win exciting prizes		
Mr & Ms Catharsis ₹ 1000 each		
1 <sup>st</sup> Prize ₹ 1000 per event	2 <sup>nd</sup> Prize, ₹ 500 per event	3 <sup>rd</sup> Prize, ₹ 300 per event

Note: Only one entry per Institution for all events





# CATHARSIS: NATIONAL LEVEL INTERCULTURAL PROGRAM FOR PROFESSIONAL SOCIAL WORKERS

## Bishop Heber College, Trichy

### Introduction:

The 1<sup>st</sup> year trainees went to Bishop Heber College for Catharsis program. It was organized by social work trainees of the college for all the social work trainees to come together and to exhibits and shared their knowledge with the other social work trainees.

### Objectives:

1. To exhibit our talents to different Institutions of social work.
2. To develop our skills and intellectual learning.
3. Exchange of ideas and knowledge with other social worker trainees.
4. To centralized the relationship of the social worker trainees.
5. To encourage and motivate the social work students.
6. To overcome stage fears.

### Introduction:

The catharsis program was organized by social work trainees of Bishop Heber College at Trichy, where various Institute of social work participated in the Catharsis program. To show excellent performances, to exchange ideas and to explore in a common platform. It taught the social work trainees how they should take active participation in the programs with enthusiastic energy and introduce the social work practice including its development and location within the social community.

### Activities:

1. psycho-Drama
2. Masala-chat
3. Short story writing
4. Face painting
5. Essay writing
6. Collage Making



7. Communal Harmony song

8. Street play

9. Talent exhibition

10. Quiz competitions

**Learning:**

The learning from catharsis program helped us to organized programmes in systematic way and critical thinking skills and to understand the value based of the profession and its ethical standard. Learned to develop one's communication skills, creative thinking according to situation. Learn to work in groups for organizing programs and different activities related to social issues. Trainees learn how they can attract people by performing creative programs. Thus, the learning from the catharsis program has help to develop our skills and personality and build up ourselves to work with the society.

**Conclusion:**

Thus, from this MSW course the social work trainees were given various opportunities to explore ourselves and learned. The catharsis programs help us to develop ourselves, build up our skills in communication and creative thinking. It has encouraged and motivated the social work trainees to develop ourselves and work for the people welfare.

**ANNEXURE:**







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E-mail : dbc155@live.in Website : www.dbcdharmapuri.edu.in



## PG DEPARTMENT OF SOCIAL WORK

### Participant List for CATHARSIS 2019

#### ON STAGE

S. No	Students Names	Events
1.	Documentary	1. AJITHKUMAR M 2. ABISHEK J S 3. BIPON TOPPO 4. JAYASURIAN U 5. NAVEEN R
2.	Mime	1. DANISH JEBAKUMAR S 2. HARIHARAN S 3. JEROME IGNATIUS A 4. MURALI I 5. NICKAL G 6. PRAKASH MURA
3.	Variety	1. POONDIMA A 2. SIYAMALA P 3. MARY DELPHINE S 4. KIRAN R 5. MARTIN MINJ 6. NAVEEN R
7.	Puppetry	1. MARTINA TIGGA 2. PAVITHRA A 3. POONDIMA A 4. GAYATHRI D
8.	Quiz	1. SIYAMALA P 2. ABISHEK J S 3. BINAYA BAXLA

#### ON STAGE

S. No	Students Names	Events
1.	Poster Presentation	BALA CHANDIRAN M
2.	Poetry Writing	BIPON TOPPO
3.	Cartoon Sketching	CHUNGAILIU KAMEI
4.	Essay Writing	GAYATHRI D
5.	Photography	NICKAL G
6.	Short Story Writing	RUBAN R
7.	Collage	1. BINAYA BAXLA 2. BIPON TOPPO
8.	Face Painting	1. PRAKASH MURA 2. PRAKASH RAJ C

